

Changing the World



**Rockwood
Young Leaders**

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October-December 2010

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LEADERS IN ACTION

Thanks to the leadership of Rockwood students, staff and administrators, the unique leadership program **STAR** is now established and growing *at all four Rockwood high schools*. Last year STAR was a present only at Lafayette and Rockwood South Middle. **STAR, Supporting Teens At Risk**, is a unique, student led organization that provides participants the opportunity to gain and discuss accurate information about difficult life topics. Each STAR organization is led by a student executive team the members of which plan and manage all aspects of STAR programming. STAR topics have included addictions, drunk driving, eating disorders, sex and dating, bullying and racial harmony.



"You don't lead by pointing and telling people some place to go. You lead by going to that place and making a case." Ken Kesey

TWO EUREKA STUDENTS LAUNCH STAR AT EHS



After attending the 2010 Rockwood Young Leaders Academy, **Ryan Whanger** (class of 2012) and **Selena Gettemeier** (Class of 2014) volunteered to begin a Eureka High School **STAR** Organization. Working with Assistant Principals **Dr. Johnathon White** and **Ms. Nisha Patel**, Whanger and Gettemeier committed to forming a STAR Executive Committee. The Executive Committee had its first meeting on October 19 and included Selena Bainer, Jacob Walker, Jake Jackson, Marshae Smith, Parker Levy, and Antonia Carter.. The Executive committee decided to survey Eureka students to figure out important topics for future STAR meetings.



LAFAYETTE HIGH SCHOOL HOSTS “DRUNK-U-DRAMA”

Lafayette STAR students and administrator Renee Trotier partnered with Metro West Fire Protection and St. Louis County Police Department to



stage a drunk driving accident in the parking lot of the high school.

Students watched as firefighters and police officers simulated what would happen immediately after a drunk driving accident. The lifelike demonstration included the “arrest” of Ryan Jones by Officer Helbrig and a helicopter landing. Students jumped as firefighters literally cut one student actor free from the wrecked SUV. The simulation ended with the opportunity for students to ask questions and hear about the experience from participating STAR members and rescuers.



KARTING UNDER THE INFLUENCE



Taylor Siebert & Haley Sindel

Summit High School hosted their Homecoming Carnival and members of the TREND group set up a track that gave students a chance to experience the impairing effects alcohol has on vision.

“I thought the carnival was fun! It was great to see everyone's reactions when they put on the drunk goggles and tried to walk in a straight line. Pretty much everyone was teetering back and forth, almost falling down. Driving the pedal cars was surprisingly easier than expected, although there was still a bunch of run

over cones.” said Haley Sindel a freshman at Summit.

“The drunk goggles were a good idea for kids to learn what it was like to drink and drive, and also it was a fun experience. We had a lot of kids who wanted to try driving the pedal cars and walk with the goggles on.” said Taylor Siebert a freshman at Summit.



“There were still a bunch of run over cones!”



Feeny!!! Feeeeeeny!!!

Mr. Feeny!! Ahh the good old Feeny call that was made known to the world by Eric Mathews of Boy Meets World. Boy Meets World is like the greatest TV show ever created. It's so funny and the characters are actually relatable. Shawn Hunter is like the rebel of the high school. Topanga is the girl that is best friends with the guys and the straight A student. Eric is the older brother that may not be the smartest kid in high school but always has something to say. Mr. Feeny is like the coolest teacher ever be-

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cause at least what he teaches you can use in life. Then there's Cory who is just your typical teenage boy that is going through everything that high school hits you with. I wish that this show was still on TV because it was so great which I think pretty much any kid that grew up watching this show would say. Boy Meets World rocks. I would just like to say that everything I needed to learn in life I learned from Mr. Feeny.

--- Kat Jackson is a Junior at Kennedy High School

Have an opinion you would like to share? Email it to mintiebrad@rockwood.k12.mo.us and yours might be featured in our next issue!

STUDENTS DEVELOP TOBACCO PREVENTION



Ryan Jones and Ben Mulholland, LHS, and **Ben Williams**, EHS, developed a tobacco prevention program to present in freshman seminar classes and at Kingdom House, a youth center in St. Louis City (pictured above). The three Rockwood juniors attended the MO. Prevention Leadership Conference this past August, where they had the inspiration to start this project.

THANK YOU MS. TROTIER



Ms. Renee Trotier, Associate Principal, has sponsored the Lafayette High School STAR Chapter for the past two years. In her role, Ms. Trotier facilitates the student Executive Committee's program planning and management.

Ms. Trotier expressed pride in Lafayette's history of bringing STAR to its students and through STAR, being able to address important, emerging issues. According to Trotier,

"STAR recognizes (the) pressures students face in an addictive society...STAR's purpose is to provide information so students can make informed, independent decisions."

When asked what fuels her decision to include STAR sponsorship in her packed list of responsibilities, Ms. Trotier related, "My reward is the connection with the kids."

Thank you Ms. Trotier for all you do for Lafayette students.

Drug Free Coalition

500 North Central
Annex Building A-8
Eureka MO, 63025

Phone: 636-733-2137

Fax: 636-938-2347

E-mail:

mintiebrad@rockwood.k12.mo.us



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**LEADERSHIP THROUGH
COURAGE
COMPASSION
CONNECTION
COLLABORATION
COMMUNICATION
COMMITMENT**

TURNING RESOURCES AND ENERGIES IN NEW DIRECTIONS

TREND is a student led organization intended to influence healthy lifestyle decisions and promote positive community change. Like STAR, TREND provides information on important lifestyle issues. TREND chapters also plan and implement activities and projects intended to change community conditions or contribute to solving emerging problems. Last year, the EHS TREND group ran a "shoes for Haiti" campaign and the Crestview TREND club challenged area retailers regarding the sales of apparel promoting sexual imagery and



messages disrespectful of girls and women.

Currently there are TREND Chapters at Rockwood Summit High School, Eureka High School and Crestview Middle School with several schools preparing to begin chapters as well.

Talk to your advisor about bringing TREND to your school!

IN THE COMMUNITY



October

Sacred Heart Valley Park Youth Ministry Trunk or Treat October 29, 2010 6:00-9:30pm

St. John Church Corner Stone Youth Ministry Halloween Party October 29, 6:30-Midnight

Regional Arts Commission in Delmar Loop FOR REAL's Halloween Red-Ribbon Bash

October 22, 2010 7:00-11:00pm

Red Ribbon Week October 25-29, 2010

November

Sacred Heart Valley Park Youth Ministry Rockwood Young Leaders Academy Reunion

November 29, 2010 7:00-9:00pm

December

Eureka High-School Showcase: Teen Initiative to Address Substance Abuse

Thursday December 2, 7-8:30

Sacred Heart Valley Park Youth Ministry Eve of the Eve Lock-In/ Dance

December 30, 2010 7pm-8am