

“BE IN THE KNOW”

A FREE PARENTING CONFERENCE
SPONSORED BY POND PTO

Thursday, January 19
6:30-8:30pm
Pond Elementary School

Join other parents and gain useful information about a variety of parenting topics. Two sessions will be offered during the evening. Please RSVP in advance so we can make adequate accommodations.

SESSION 1 TOPICS:

At Home Strategies presented by Sylvan Learning Center The object of this study skills presentation is to develop homework strategies with the goal of creating independent learners by following easy tips.

The Overscheduled Child How to balance extra-curricular activities with school and family life and the impact on your child presented by Mercy Hospital St. Louis (formerly St. John's) Dr. Duru Sakharani

Protecting Your Child's Identity Parents are putting their kids at risk and they may not even know it. They leave too many clues about their child's name, address, age and other key information on their back packs and lunch boxes. Anthony Martin, St. Louis University Law Professor and Internet Security Expert, will give parents tips on how to protect their child and child's identity.

Communication Skills Want to talk to your child without eye rolls, sarcasm or electronic interference? Learn and model effective communication skills that will enhance all aspects of your child's life. Presented by A Place to Turn To.

SESSION 2 TOPICS:

Internet Safety Learn about the impact of posting pictures and key information about your family on Facebook along with some key tips and guidelines about texting and other technology. Presented by Jewish Family and Children Services

40 Developmental Assets Every Child Needs What makes some kids engage in high risk behaviors and others seem to thrive? Learn about the 40 developmental assets that every kid needs to be successful. Presented by A Place to Turn To.

Setting Boundaries How do you say “no” when everyone else is saying “yes?” Learn how to say what you mean and mean what you say and the positive effects it has on your child's development. Presented by A Place to Turn To.

Please RSVP by Tuesday, January 17 to Pond Elementary School,
17200 Manchester Road, Wildwood, MO 63040 636-733-3225
attn: Carol Wilson
(see attached Registration Form)

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PARENTING CONFERENCE REGISTRATION FORM

Name(s) _____

Email _____

Phone _____

Below, please choose *one topic from each session* to attend and return this registration form to Pond Elementary so that we may ensure adequate accommodations. There will be hand-outs available from the other speakers if you would like to obtain their information as well.

SESSION 1 TOPICS:

- _____ **At Home Homework Strategies** Presented by Sylvan Learning Center
- _____ **The Overscheduled Child** Presented by Dr. Duru Sakharani, Mercy Hospital
- _____ **Protecting Your Child’s Identity** Presented by Anthony Martin, SLU Law Professor
- _____ **Communication Skills** Presented by A Place to Turn To

SESSION 2 TOPICS:

- _____ **Internet Safety** Presented by Jewish Family and Children Services
- _____ **40 Developmental Assets Every Child Needs** Presented by A Place to Turn To
- _____ **Setting Boundaries** Presented by A Place to Turn To

Conference Date: Thursday, January 19 6:30-8:30pm

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