

NURSE'S NOTES



Immunizations

Thank you for your cooperation in getting all our students compliant with Missouri state law requirements! LSMS 8th graders are now 100% compliant with the new Tdap requirement, thanks to your efforts. This vaccine protects our community from the threat of Pertussis, commonly known as Whooping Cough. If you have a 6th or 7th grader, please check to see if your child has already had a Tdap booster. If so, be sure it is on file with Rockwood by viewing your parent access "health" screen in Infinite Campus. If not, just be aware that it will need to be updated during middle school.

Middle School Physicals

Rockwood requires a doctor's exam for all students entering 6th grade, as well as students of any grade level who are new to the district. Students who have not yet turned in a middle school physical are not allowed to participate in after-school intramurals, district athletic events or 6th Grade Camp. If you need assistance to find a doctor or clinic in your area, please contact your school nurse. We want all our Wildcats to learn and play safely!

Absences

If your child is ill, parents should call LSMS at 636-733-4215 to leave a message on the attendance line. Feel free to confer with the school nurse later if you have questions or concerns, but routine minor illnesses should go straight to the attendance line.

Medications

District policy does not allow middle school students to carry medications, with the exception of emergency drugs for asthma and allergies. Please call if you need to arrange for any medicine, including over-the-counter pain relievers, to be given at school. Authorization forms can be downloaded from the Rockwood website.

Food Allergies

We are seeing an ever-increasing number of students with significant food allergies, including peanuts, hard-shelled nuts [such as walnuts, almond, pecans], and many other foods. Most students are well-prepared to cope safely by the time they reach middle school. However, we need the cooperation of everyone to minimize the risk of exposure. We ask *all* parents to review these common-sense precautions with your child:

Lunches should not be shared or traded

No home-prepared foods can be distributed in classrooms

If you eat peanut butter or nuts for lunch, *wash your hands* before you go back to class!

6th Grade Camp

If your child will need morning or evening medications while at overnight camp, please do not wait until the last minute to communicate with the nurse. *Do not send medications on the day of departure.* Meds and paperwork are due *no later than one full week before camp.* Watch for details in your camp packet soon.

Together, we can keep our school safe and healthy for everyone!

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