



# Spinal Screening 2011-2012

Dear Parents,

Rockwood School District will conduct a scoliosis screening program at LaSalle Springs Middle School on **January 26 and 27, for all girls in the 6<sup>th</sup> and 8<sup>th</sup> grades, and all boys in the 8<sup>th</sup> grade.** Scoliosis is an abnormal curvature of the spine that may become more pronounced during the adolescent period of rapid growth. If detected early and appropriately treated, progressive spinal deformity can be prevented.

The procedure for screening is simple. A nurse views the child's back and shoulders in the standing position and in the forward bending position. It takes about a minute! Boys and girls are screened separately by a team of Rockwood nurses, with careful attention to assure privacy. In order to properly assess each student's back, both boys and girls are asked to remove their shirts. Girls should wear a swimsuit top, halter-top, or bra under their shirts the day of the screening. Screening at LSMS will be done through PE classes, in the locker rooms.

**If you prefer your child not participate in this screening, please sign and return this letter by Thursday, January 26, 2011.**

Sincerely,

Dottie Bardon, RN, BSN

LaSalle Springs School Nurse

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PE teacher/class period \_\_\_\_\_/\_\_\_\_\_

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

I **do not** want my child to be screened for scoliosis.

\_\_\_\_\_  
Parent/Guardian Signature Date