

Guidance Curriculum

The Rockwood Guidance Curriculum is student-centered, developmental, and sequential in nature. The Classroom Guidance component of the program allows the counselor to interact with all students in our Ridge Meadows community. Guidance lessons are presented monthly at every grade level. A sampling of specific grade level expectations includes:

Kindergarten:

- Identification of basic thoughts and feelings
- Identification of character traits
- Identification of skills necessary to work well with others

First Grade:

- Develop positive work habits to successfully meet school requirements
- Demonstrate the skills needed to be a friend
- Identify workers in the local community

Second Grade:

- Identify choices or solutions to problems
- Practice individual positive work habits
- Describe similarities and differences among students

Third Grade:

- Identify the consequences of choice and conflict by using a problem-solving model
- Identify the meaning of bullying / harassment and cite specific examples
- Learn basic organizational skills for work completion

Fourth Grade:

- Incorporate test-taking skills and study skills to enhance academic performance
- Apply effective problem-solving and decision-making skills to make safe and healthy choices
- Identify interpersonal skills necessary to build quality relationships

Fifth Grade:

- Demonstrate respect for peers and adults
- Demonstrate the ability to complete assignments accurately within a given time frame
- Develop an understanding of educational tasks and skills necessary to make a smooth transition to middle school